

EUROPEAN ATHLETICS U 23 - GÄVLE 2019

Provisional Timetable - as of 04 August 2018

DAY 1 - Session 1 - Thursday 11 July 2019			
10:00	100m H Hep	W	Hep
10:05	Hammer Throw	W	Q A
10:10	Long Jump	M	Q A+B
10:45	100m	M	R1
11:05	Shot Put	M	Q A+B
11:15	High Jump Hep	W	A+B
11:20	400m	W	R1
11:35	Hammer Throw	W	Q B
11:50	100m	W	R1
12:20	400m	M	R1
13:00	20 Km Walk	W	Final
15:00	20 Km Walk	M	Final

DAY 2 - Session 3 - Friday 12 July 2019			
09:30	Hammer Throw	M	Q A
10:25	Long Jump Hep	W	A+B
10:30	400m H	W	R1
10:35	High Jump	W	Q A+B
10:50	Hammer Throw	M	Q B
11:00	400m H	M	R1
11:30	800m	M	R1
11:35	Shot Put	W	Q A+B
12:00	1500m	W	R1
12:05	Javelin Hep	W	A
13:20	Javelin Hep	W	B

DAY 3 - Session 5 - Saturday 13 July 2019			
10:00	Javelin Throw	W	Q A
10:05	100m Dec	M	Dec
10:30	High Jump	M	Q A+B
10:55	4x400m Relay	W	R1
11:00	Long Jump Dec	M	A+B
11:15	Javelin Throw	W	Q B
11:20	4x400m Relay	M	R1
12:20	Long Jump	W	Q A+B
12:35	Discus Throw	M	Q A
12:40	Shot Put Dec	M	A+B
13:50	Discus Throw	M	Q B

DAY 4 - Session 7 - Sunday 14 August 2019			
09:30	110m H Dec	M	Dec
10:20	Discus Throw Dec	M	A
11:00	4x100m Relay	W	R1
11:20	4x100m Relay	M	R1
11:35	Discus Throw Dec	M	B
13:10	Pole Vault Dec	M	A+B
14:50	Javelin Throw Dec	M	A

DAY 1 - Session 2 - Thursday 11 July 2019			
16:00	Discus Throw	W	Q A
16:30	110m H	M	R1
16:30	Pole Vault	M	Q A+B
16:53	20 Km Walk	W	VC
17:00	100m H	W	R1
17:02	20 Km Walk	M	VC
17:10	Shot Put Hep	W	A+B
17:15	Discus Throw	W	Q B
17:30	800m	W	R1
17:55	3000 SC	W	R1
18:30	100m	M	SF
18:30	Javelin Throw	M	Q A
18:45	100m	W	SF
19:00	1500m	M	R1
19:05	Triple Jump	M	Q A+B
19:20	200m Hep	W	Hep
19:45	Javelin Throw	M	Q B

DAY 2 - Session 4 - Friday 12 July 2019			
16:00	110m H	M	SF
16:15	400m	W	SF
16:30	Long Jump	M	Final
16:35	100m H	W	SF
16:40	Hammer Throw	W	Final
16:55	400m	M	SF
17:15	3000 SC	M	R1
17:20	Pole Vault	W	Q A+B
17:45	100m	W	Final
17:55	100m	M	Final
18:00	Shot Put	M	Final
18:05	800m Hep	W	Hep
18:30	Discus Throw	W	Final
18:35	110m H	M	Final
18:45	100m H	W	Final
18:50	Triple Jump	W	Final
18:55	200m	W	R1
19:20	200m	M	R1
19:50	10000m	W	Final

DAY 3 - Session 6 Saturday 13 August 2019			
16:15	High Jump Dec	M	A+B
16:55	Hammer Throw	M	Final
17:00	400m H	W	SF
17:20	400m H	M	SF
17:30	Pole Vault	M	Final
17:35	Triple Jump	M	Q A+B
17:40	200m	W	SF
17:55	200m	M	SF
18:10	400m	W	Final
18:20	1500m	M	Final
18:30	High Jump	W	Final
18:35	400m	M	Final
18:40	Shot Put	W	Final
18:45	Javelin Throw	M	Final
19:35	800m	W	Final
18:50	3000m SC	W	Final
19:10	400m Dec	M	Dec
19:45	200m	W	Final
19:55	200m	M	Final
20:05	5000m	M	Final

DAY 4 - Session 8 - Sunday 14 July 2019			
16:05	Javelin Throw Dec	M	B
16:45	Long Jump	W	Final
17:00	400 H	W	Final
17:05	Pole Vault	W	Final
17:15	400 H	M	Final
17:15	Javelin Throw	W	Final
17:25	1500m	W	Final
17:40	3000m SC	M	Final
17:45	High Jump	M	Final
18:00	800m	M	Final
18:15	1500m Dec	M	Dec
18:30	Triple Jump	M	Final
18:35	5000m	W	Final
18:55	Discus Throw	M	Final
19:10	4x100m Relay	M	Final
19:25	4x100m Relay	W	Final
19:40	4x400m Relay	M	Final
19:55	4x400m Relay	W	Final